

# BLAC NEWSLETTER

Wed 8 JAN 2020

2019/2020 Season Issue 10

## PRESIDENTS REPORT – 4th January 2020

Hi All,

This week, on Sunday we have our Invitation Day. Last year we had 50 athletes attend from Devonport, Circular Head and Deloraine and I am hoping around the same this year.

Hopefully we are in for a good day with lots of prizes with our Random Prize raffle. Tickets are \$1 each of 3 for \$2.

Up for grabs is

A \$50 Bunnings gift voucher and 2 Coles Vouchers, one \$30 and the other \$20 donated by the Penguin Post Office.

\$50 cash from the President

3 x \$20 Coastal Electronic vouchers donated by Coastal Electronics

\$40 meat voucher donated by Leven Gourmet Meats.

Chocolates and many goodies from the canteen.

**Admission is \$5 per athlete with all proceeds from the day going to WIRES – Emergency fund for Wildlife to help those animals injured in the bush fire.**

We also will have our commentator Mark St John back on the mike throughout the day. Big thank you to Mark.

*Continued ...2/*

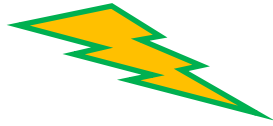
## DATES TO REMEMBER.....

Date	Event	Location/Time
Wed 8JAN20	Program 2A	Penguin 5.30pm
Friday 10JAN20	Program 2A (make up meet from 1DEC19)	Penguin 5.30pm
Sunday 12JAN20	Invitation Day P1	Penguin 10am–3pm
Wed 15JAN20	Program 3A	Penguin 5.30pm



Presidents Report continued...

## RECORDS BROKEN



### U/10 Girls High Jump

New: 1.21m by Elka Hutton on 04/01/2020

Previous: 1.20m by Elka Hutton on 07/1/2019

### U/11 Girls 1500m

New: 5:09.6 by Zahli Wescombe on 04/01/2020

Previous: 5:16.3 by Zahli Wescombe on 07/12/2019



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At the start of the season we also had some changes in the U11 and U12 Hurdles which incurs new records. New record holders are as followed.

U/11 Boys 80m hurdles – 16.6 sec set by Wesley Redman on the 04/01/2020

U/11 Girls 80m hurdles – 16.9 sec set by Zahli Wescombe on the 04/01/2020

U/12 Boys 80m hurdles – 14.8 sec set by Masimba Chindewere on the 04/01/2020

U/12 Girls 80m hurdles – 16.3 sec set by Charli Hamill on the 15/12/2019



## STATE MULTI EVENT @ DOMAIN, Hobart

Entries for the State Multi Event and Walk Championships for U9 to U15 are now closed. We currently have 16 athletes competing on Saturday 18<sup>th</sup> and Sunday 19<sup>th</sup> January in Hobart. Good luck to these athletes

## THE U12/U13 COACHING CAMP SUNDAY 5<sup>TH</sup> JANUARY TO THURSDAY 9<sup>TH</sup> JANUARY -

We also have 10 athletes currently at Little Athletics Camp in Port Sorell this week. Indra and Kasia Taylor, Jonty and Charli Hamill, Bowen Clemons, Theo Collins, Vinnie Manion, Jobie Wescombe, Brooke Mann and Robyn Luttrell will be spending 4 nights and 5 days at Camp Banksia having intense coaching on their chosen events.



#### USEFUL WEB LINKS:

<http://www.taslittleathletics.com.au/>

<http://www.burnielittleleaths.org/>

#### FACEBOOK:

Burnie Little Athletics

<https://www.facebook.com/Burnielittleleaths/>

Little Athletics Tasmania

<https://www.facebook.com/taslittleathletics/>



<https://www.tasathletics.org.au/home/>



**Athletics**  
Tasmania

Because we are coming to the pointy end of the season we will be looking at uniforms ready for State and Centre Championships. 3 sponsor badges as well as a current season name badge must be on the front of the competition shirt as well as a 25 event badge on the back. **Over the next few weeks we will be putting red dots on athletes that don't quite have the correct uniform. If your child receives one of these come and see a committee member to see what is required.**

Speaking of Championships if all Chief Officials could get into the habit of putting the field sheets into the office once the event has been completed that would be great. This way results can be processed as soon as possible during Championships.



### THINGS HAPPENING

Expressions of Interest are now been taken for athletes to compete in the Relay Championships in Hobart on Sunday 9th February. If athletes are interested they must be committed to travelling to Hobart for this event. Fees will apply. This closes on the Wednesday 29<sup>th</sup> January.



We are also looking for volunteers to come forward and be on the committee or be mentored into more official roles especially on the track. That way, positions can be filled easily when we have people away. These jobs may look hard but they aren't..

If you are interested in helping in any shape or form learning come and see me or another committee member. [Continued page 4](#)

### CLUB AGE GROUP SPONSORSHIP

AGE GROUP SPONSORSHIP	
U6B	One Agency
U6G	One Agency
U7B	Humphrey Family
U7G	Humphrey Family
U8B	Harvey Norman, Burnie
U8G	Harvey Norman, Burnie
U9B	Plaster Designs
U9G	Plaster Designs
U10B	Harvey Norman, Burnie
U10G	Harvey Norman, Burnie
U11B	Harvey Norman, Burnie
U11G	Penguin Post Office
U12B	Coastal Electronics
U12G	Tas Valve
U13B	Ricoh Business Centre, Ulverstone
U13G	Tas Valve
U14B	Umpire AFL North West
U14G	Coastal Electronics
U15B	Ricoh Business Centre, Ulverstone
U15G	Brush by Design



## REMINDERS

Gold Medal Day in St Helens on Sunday 26<sup>th</sup> January. If you wish to compete at the event put your name down at the office, cut off is on the 22<sup>nd</sup> January.

If your child received a red dot on their competition shirt there is something wrong with their badges. Please enquire as to why so this can be fixed before Championships. We would hate to see an athlete missing out on Championships because of their badges.

All U13 submissions for the U13 award need to be submitted to the office by Wednesday 15<sup>th</sup> January.

All Centre Championships Entry Forms must be submitted to the office by Wednesday 15<sup>th</sup> January.

### In January we have;

Invitation Day on Sunday 12<sup>th</sup> January.

Tas Little Athletics Multi Championships for U9 to U15 on 18<sup>TH</sup> -19<sup>th</sup> January in Hobart

Gold Medal Day, St Helens on Sunday 26<sup>th</sup> February.

### February

State Little Athletics Relay Championships on Saturday 16<sup>th</sup> February in Hobart

Centre Walk Championships on Saturday 8<sup>th</sup> February

Centre Championships, Day 1 22<sup>nd</sup> , Day 2 23<sup>rd</sup> February

Centre Championships, Day 3 Sunday 1<sup>st</sup> March

State Championships Saturday 7<sup>th</sup> and Sunday 8<sup>th</sup> March in Launceston

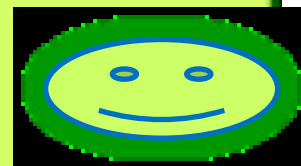
Michelle Scolyer (President)



Burnie Little Athletics Centre Season sponsors  
2019/2020—THANKYOU



THE HUMPHREY FAMILY



**COMMITTEE 2019/2020:**

<b>President:</b>	Michelle Scolyer	0418 106 210	michellescolyer@bigpond.com
<b>Vice President:</b>	Peter French		
<b>Secretary/Website:</b>	Callie Collins		secretary.blac@gmail.com
<b>Records &amp; Rankings:</b>	Renee Williams		
<b>Treasurer/Newsletter:</b>	Natalie Luttrell	<b>Canteen Managers:</b>	Sonya Gorrie
<b>Canteen roster:</b>	Jodie Fuller	<b>General Committee:</b>	Brendan Hyland, Jodie Fuller, Anna and Sam Lawler, Carlene Darby, David Taylor, Amanda Hyland & Aaron Humphrey

**COMMITTEE AIMS & EXPECTATIONS****The Committee's aim is to:**

- Provide an enjoyable sport for your children.*
- Provide a safe environment for athletes, parents, siblings and spectators.*
- Teach and/or coach the correct manner in which to compete in each event.*
- Organize each meet so it can be completed as efficiently as possible.*
- Provide safe and compliant equipment to use.*
- Keep costs down so that athletics is affordable to all.*
- Provide an avenue to enter into senior athletics.*
- Support all athletes of all abilities equally.*
- Provide information from Tasmanian Little Athletics as soon as possible.*
- Be aware of children with special needs, make allowances for them to compete & attain PB's.*



We believe we do this as best as we can, but are always open to suggestions to make this centre even better than it already is.

**The Committee's expectations from each parent are:**

- Encourage your child, not criticize.
- Allow your child to have fun. We have all had our go at trying to be a super athlete, try not to live your life in their shoes.
- Stay and watch your kids. We are not a childcare centre, we host an event for your child to compete in, we provide a safe environment for this, and you are responsible for your child whilst they are on site.
- Emphasize PB's, not winning.
- Help out on site with the field events. This means measuring, spiking, raking or keeping the kids waiting patiently, quietly, together, and ensuring they are supportive to others competing.
- Have your turn in canteen or cooking on the barbecue.
- Pick up all rubbish that may be left behind by your group when leaving a site.
- Show respect to the person who is chief judging, they are doing their best & are a parent just like you.
- Have a Working with Children's Card up to date. (Working with Vulnerable People)
- If you take equipment from the cupboard please return it at the completion of the event.
- Should any equipment be broken, or poorly maintained report it to a committee member to allow prompt repair or replacement.
- Help when asked, if possible.
- The infield is out of bounds to everyone unless you are a crew member of an event. Please stay in the waiting areas as designated by the Chief Official.
- Always watch the apparatus being thrown, as sometimes a Discus, Shot Put or Javelin can be released in your direction by other athletes learning to perfect their throw, this is particularly important in Discus.
- When your child is entered in a state meet, our centre is responsible for providing qualified officials and event crew during this meet. For your child to compete, you will be required to assist at either field or track events. Even if your child has entered and doesn't compete on the day we are still required to do duties for this athlete so commitment once entered is paramount.

If we all work as a team and comply with this document our meets will run smoothly and be an enjoyable place to be for not only the parents but to also the athletes competing.

On behalf of myself and the committee thank you for your cooperation & assistance throughout the season.

January				
Saturday 4th	8:30-12:00	3b	U10	U9
Martyn Mann		8:30-10:00		
		10:00-finish		
Wednesday 8th	5:30-8:30	2a	U8	U7
Shane Fuller		5:30-7:00		
		7:00-finish		
Friday 10th	5:00-8:00	2a	U9	U8
Paul Collins			Lanika Midgley?	April Young?
				Lynda Charles?
Sunday 12th	10:00-3:00	1a	U6	U14/15
Gary Wells		10:00-12:00		Mandy Walters
		12:00-finish		
Wednesday 15th	5:30-8:30	3a	U13	U12
Martyn Mann		5:30-7:00		
		7:00-finish		
Wednesday 29th	5:30-8:30	1b	U11	U10
Shane Fuller		5:30-7:00		
		7:00-finish		
<p><i>We will require 2 people for Canteen and BBQ from each age group to volunteer when their age group is rostered on</i></p> <p><i>If you are available let me know and I can pop you on the roster Thank you - Jodie 0418128168</i></p>				



&

State Relays will be held at the Domain track (Hobart) on Sunday 9th February 2020.

Check page 13 & 14 of the Manual.

CANTEEN  
BBQ



Disclaimer:

HUMPHREY  
FAMILY



Toddlers race is run at the parent's risk.

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SAVOURIES

MEAT PIES	\$4.50
PASTIES	\$4.50
PARTY PIES	Meat \$1.50
	Chicken Curry \$1.50
SAUSAGE ROLLS	\$1.50



BARBECUE FOOD

HAMBURGERS	\$4.00
CHICKEN BURGERS	\$4.00
EGG & BACON SANDWICH	\$4.00
SAUSAGE IN BREAD	\$2.50
HASH BROWNS	\$1.00
SAVELOY IN BREAD	\$2.50
3 CHICKEN NUGGETS	\$2.00



TOASTIES:

HAM & CHEESE	\$3.50
CHICKEN & CHEESE	\$4.00

SWEETS

CHOCOLATE BARS	\$2.00
LOLLY BAGS	\$1.00
ZAPPO'S	\$1.00
FREDDO FROGS	.50c
POTATO CHIPS	\$2.00



ICY POLES

LEMONADE	\$1.50
FROSTY FRUITS	\$1.50
ZOOPER DOOPERS	.50c

HOT DRINKS

CAPPUCCINO	\$3.00
COFFEE	\$2.50
TEA	\$2.50
MILO	\$2.50
HOT CHOCOLATE	\$2.50



COLD DRINKS

POWERADE	\$4.00
FOCUS WATER	\$3.00
BOTTLED WATER	\$2.00
CAN (FANTA, COKE ETC)	\$2.00
POP TOP	\$2.00



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# St.Helens Little Athletics

## 2020

### Gold Medal Day

Annual 100m  
Handicap Race

U6—U8 70m  
U10 - U15 800m

Parent Relays



Jumping and  
throwing events  
for all age groups.

Canteen and BBQ

**Sunday 26th of January, 2020**

**8:45am start at the St.Helens Recreation Ground**

**Registration from 7:45am**

**Cost: \$8 /athlete (payable on day)**

**Registration before the 23rd of January is preferred**

**Entries can be sent via clubs or individuals to:**

**sthelens@taslittleathletics.com.au**

**Please include 100m PB with entries**

**Any queries please contact Alicia on 0438268431**



**Australia Day**



### St.Helens Gold Medal Day Sunday 26th January 2020

TRACK	THROWS	JUMPS
Under 8 Boys 800m—Final	Under 9 Boys—Shot Put	Under 6 and 7 Girls—Long Jump
Under 9 Girls 800m—Final	Under 8 Boys—Turbo Jav	Under 8 Girls—High Jump
Under 10 Boys 800m—Final	Under 11 Boys—Discus	
Under 10 Girls 800m—Final	Under 15 Boys—Shot Put	Under 9 Girls High Jump
Under 11 Boys 800m—Final	Under 14 Boys—Discus	Under 12 Boys Long Jump
Under 11 Girls 800m—Final	Under 13 Boys—Javelin	
Under 12 Boys 800m—Final	Under 12 Girls—Shot Put	Under 6 and 7 Boys Long Jump
Under 12 Girls 800m—Final	Under 8 Girls—Turbo Jav	Under 10 Girls High Jump
Under 13 Boys 800m—Final	Under 11 Girls—Discus	Under 15 Boys and Girls Long
Under 13 Girls 800m—Final	Under 9 Girls—Shot Put	Under 13 Boys—Long Jump
Under 14 and 15 Boys 800m—Final	Under 10 Girls—Discus	Under 14 Boys & Girls—Long Jump
Under 14 and 15 Girls 800—Final	Under 13 Girls—Javelin	
<b>Handicap - Event Commences</b>	Under 12 Boys—Shot Put	Under 11 Girls—Long Jump
	Under 10 Boys—Discus	Under 8 Boys—High Jump
Under 6 Boys - 70 m - Heats	Under 6 Boys and Girls—Vortex	Under 13 Girls—Long Jump
Under 6 Girls—70m—Heats		
Under 7 Boys—70m—Heats	Under 15 Girls—Shot Put	Under 10 Boys—High Jump
Under 7 Girls—70m—Heats	Under 14 Girls—Discus	Under 11 Boys—Long Jump
Under 8 Boys—70m—Heats	Under 7 Boys and Girls—Vortex	Under 12 Girls—Long Jump
Under 8 Girls—70m—Heats		Under 9 Boys—High Jump

Handicap Events to be run immediately following the 800m  
Gold Medals will be presented to 1st place and the presentations will be held throughout the day.

\$ 8 per athlete to enter—Registration to commence at 7:45am, first event at 8:45am